

# Fairfield Christian Academy

## Waiver of Physical Education for 7<sup>th</sup> Grade

Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

**Physical Education for 7<sup>th</sup> grade is required 3 days a week. This also will allow the student to earn .30 high school graduation physical education credit/GPA.**

This form allows a parent to request a student's required physical education to be waived or reduced due to participation in a supervised out of school hours sport/activity or marching band. The student may then select a study hall or another special's class in place of that waived physical education.

**Please check the amount of physical education requested below:**

\_\_\_\_\_ No physical education (0 HS credit/GPA) - requires 72 hours of physical activity during the present school year.

\_\_\_\_\_ 2 days a week of physical education (.20 HS credit/GPA) requires 24 hours of physical activity during the present school year.

**The following extra-curricular physical activity(ies) will replace required physical education:**

Name of Sport/Activity

Circle one:

\_\_\_\_\_ FCA Team/Activity                      Out of school/Club

\_\_\_\_\_ FCA Team Activity                      Out of school/Club

**Acceptable documentation of hours completed must be turned in when the hours have been completed and by the end of the present school year:**

The following are examples of acceptable documentation of the hours that have been requested:

1. A log of the time must be turned in at the end of the school year if the student is involved in an out of school approved physical activity. **Sample log** is available from the guidance office or on the FCA website.
2. If a student has a coach or is involved in an organized out of school approved program, then a letter from that coach or supervising adult verifying that the amount of time required has been met is an acceptable form of documentation.
3. A student who completes the season as part of an FCA 7<sup>th</sup> grade sports team or marching band can consider that as meeting the 72 hours of physical education per sport involvement. If the student successfully completes the season then documentation is not required as we will verify this through the athletic department. Participation in summer camps or practices prior to the school year connected with the sports team can be logged for additional time and signed by the coach.
4. A combination of any of the above may need to be turned in if a student is doing both an FCA 7<sup>th</sup> grade sport/marching band and an out of school school approved activity(ies)

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Parent e-mail contact: \_\_\_\_\_

FCA Counselor/Administrator: \_\_\_\_\_ Date: \_\_\_\_\_

**OFFICE USE ONLY:**

Date Received: \_\_\_\_\_ Approved \_\_\_\_\_ Returned for Revision \_\_\_\_\_

Log turned in \_\_\_\_\_ Date Administrator: \_\_\_\_\_ Date: \_\_\_\_\_